

Kingsley Primary School - Physical Education Long Term Overview (March 2022)

Term	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1 Dance is to be done on your extra allocated hall time every 2 weeks.	Multi- skills Structured outdoor play	Invasion sports- FA storytelling (Multi Skills)	Invasion sports- FA storytelling (Multi Skills)	Invasion	Invasion Swimming	Invasion	Invasion sports Carlton - outdoor and adventurous
Autumn 2	Multi skills Structured outdoor play	Invasion sports- FA storytelling (Multi Skills)	Invasion sports- FA storytelling (Multi Skills)	Invasion	Invasion Swimming	Invasion Swimming	Invasion
Spring 1 Dance is to be done on your extra allocated hall time every 2 weeks.	Gymnastics Structured outdoor play	Gymnastics	Gymnastics	Gymnastics	Gymnastics Swimming	Gymnastics Swimming	Gymnastics
Spring 2 Dance is to be done on your extra allocated hall time every 2 weeks.	Dance/ Yoga Bugs Structured outdoor play	Bat and Ball skills	Badminton	Tennis	Hockey Swimming	Cricket/ Rounders	Bat and balls
Summer 1 Dance is to be done on your extra allocated hall time every 2 weeks.	Multi Skills Structured outdoor play	Athletics	Athletics	Netball- Pass and catch.	Athletics Swimming	Tag Rugby	Tennis
Summer 2	Multi Skills Structured outdoor play	Invasion	Invasion	Athletics Run and Jump	OAA	Athletics- run and throw	Athletics

- Top up swimming sessions take place weekly and are funded by the school. Children from a range of year groups take part in the activity. Children are selected during school swimming sessions. The ultimate aim of these sessions is to ensure the children can swim 25m by year 6 but the immediate is to build confidence in water and develop self-rescue skills.